

# Speed styling

Make that sandwich to go and have a beautifying treatment instead, says Philippa Pearne

## Bridgewater

### Instant Brazilian Blow-Dry

At Jamie Stevens, Sedgemoor Road, Woolavington, Somerset TA7 8HN (01278 683413; jamiestevenshair.com) This cheaper and faster alternative to the permanent keratin blow-dry leaves your hair super healthy and glossy, and lasts for about two washes.

A special device is fitted onto the end of the hairdryer to distribute the keratin evenly into the hair while it's being dried. Depending on the length and thickness of your hair, it will take no longer than an hour, so you can get silky smooth locks en route to the sandwich shop. **Usual price £30-£50**

## Guildford

### Schwarzkopf 10 Minute Colour

At Sanriz, 75 North Street, Surrey GU1 4AW (01483 577739; sanriz.co.uk) Touch up your faded colour, fast! Thanks to an express formulation – the Schwarzkopf Igora Color10 works harder than other colourants – you can literally have your colour done in ten minutes and then spend the rest of your lunch hour having the perfect blow-dry. **Usual price £50**

## Llandudno

### Glum To Glam

At Clinton James, 1 Vaughan Street, Gwynedd LL30 1AB (01492 873334; www.clintonjames.com) Described as 'Botox for hair', you'd think this would cost the earth. Wrong! For just £30 your hair is left plumped



DISCOUNTS!  
25% off  
LUNCH HOUR  
HAIR TREATS

New  
GLAMOUR  
apps



Make sure you and your hairdresser are on the same page. GLAMOUR's new app, *Take Me To The Hairdresser*, has over 500 pictures, tips and hot products, all hand-picked by our beauty team. Visit [glamourmagazine.co.uk/apps](http://glamourmagazine.co.uk/apps) for details

and super smooth thanks to the L'Oréal Professionnel Série Expert Fibrecutic filling serum. Applied with a syringe to shampooed, towel-dried hair, the filler is then locked in with a sealing treatment. The whole process takes just 45 minutes, so there's even time for some window shopping before you go back to work. **Usual price £30**

## London

### Organic Care Systems

### Revamp Treatment

At Karine Jackson, 24 Litchfield Street WC2H 9NJ (020 7836 0300; karinejackson.co.uk) Dry, damaged hair? This treatment will strengthen it within 55 minutes. Your visit to Karine Jackson's salon in the heart of Covent Garden will begin with a relaxing candlelit hair wash. Next, the coconut and chamomile treatment is massaged into towel-dried hair and left for 15 minutes to soak in. The stylist then gives you a gorgeous blow-dry, leaving you with strong, glossy hair your colleagues are guaranteed to notice. **Usual price £38**

### Lunchtime Learning

At The House of Charles Worthington, 28 Great Queen Street WC2B 5BB (020 7831 5303; charlesworthington.com) Want to learn how to give yourself an A-list 'do? Enjoy your very own masterclass from one of the Charles Worthington art team in your lunch hour. You'll begin with a hair and style consultation, followed by a lesson with your

stylist, touching on everything from how to hold your hairdryer and what kind of brush to use, to which part of your hair to dry first. You do one side of your hair while your stylist does the other – not only will you walk out with a beautiful blow-dry, but also with the knowledge to do it yourself next time. **Usual price £45**

## Manchester

### BBB Treatment

At James Roberts, 14 St Marys Street M3 2LB (0871 527 0583)

There'll be no skipping lunch at James Roberts' salon thanks to the BBB Treatment, which stands for Brows, Bagels and Blow-dry! Hair is shampooed and deeply conditioned with a bespoke treatment. Next, enjoy a blow-dry of your choice – big and bouncy or super sleek – and finish your pampering session with a brow re-shape (threaded or plucked). And the best bit? All of this is accompanied by a lunchtime bagel of your choice. Multi-tasking at its best. **Usual price from £49.50**

## Sheffield

### Express Hair Manicure

At Conrad Blanford, Spa 1877, 67 Victoria Street S3 7QD (conrandsblanfordhairdressing.com)

Who's to say that nails are the only things deserving of a manicure? Allow us to introduce you to a three-step manicure for your hair. First, paint. Choose from L'Oréal Professionnel's Clear Symbio glossing service, Symbio with a hint of colour or with a richer colour. Next comes your 'top coat' as hair is shampooed and given a deep conditioning ritual treatment, which is then followed by your shape – an express personalised blow-dry! It's the perfect lunchtime hair fix. **Usual price £35**

## Southsea

### Glamour Express Makeover

At Rae Palmer Hairdressing, 76 Palmerston Road, Hampshire PO5 3PT (023 9242 6622; raepalmer.co.uk)

After your consultation, the Schwarzkopf Essensity treatment is applied to strengthen and moisturise your hair, followed by a relaxing head massage. Then move over to your styling station to have your nails filed and painted with your favourite OPI shade, while having your hair blow-dried. After that, it's upstairs to the beauty room to have your make-up done and some lashes applied. In just one hour, you'll go from 5 to 15 to 10 out of 10! **Usual price £90**

# GLAMOUR

In the USA: The Condé Nast Publications Inc.  
Chairman: S.L. Newhouse, Jr.  
CEO: Charles H. Townsend  
President: Robert A. Sauerbrey, Jr.  
Editorial Director: Thomas J. Wallace

In other countries: Condé Nast International Ltd.  
Chairman: Jonathan Newhouse  
Vice Presidents: Nicholas Coleridge, Giampaolo Grandi and James Woolhouse

Director of Planning: James Woolhouse  
President New Markets: Carol Corrao  
Vice President – Editorial Director New Markets: Anna Harvey  
Director of Licences & New Business: Natasha van Luffel  
Editorial Director New Markets: Alexandra Harden  
President of Asia-Pacific: James Woolhouse  
President Condé Nast International Digital: James Birkfield

The Condé Nast Group of Magazines includes:  
US Vogue, Architectural Digest, Glamour, Brides, Self, OQ, Vanity Fair, Bon Appétit, CN Traveller, Allure, Wired, Lucky, Teen Vogue, The New Yorker, W, Details, Golf Digest, Golf World  
UK Vogue, House & Garden, Brides & Setting up Home, Tatler, The World of Interiors, GQ, Vanity Fair, CN Traveller, Glamour, Condé Nast Johannesburg, Easy Living, GQ Style, Love, Wed  
FRANCE Vogue, Vogue Hommes International, AD, Glamour, Vogue Collector  
ITALY Vogue, L'Uomo Vogue, Vogue Bambini, Glamour, Vogue Bambini, Vogue Pelle, Vogue Spina, AD, Spotalista, CN Traveller, GQ, Neze In, Vanity Fair, GQ Style, Wired, Vogue Accessory  
GERMANY Vogue, GQ, AD, Glamour, GQ Style, Myself  
SPAIN Vogue, GQ, Vogue Novias, Vogue Niños, Spotalista, CN Traveller, Vogue Colecciones, Vogue Belleza, Glamour, Vogue Joyas, Vogue Complementos, Spotalista Portugal, AD, Vanity Fair  
JAPAN Vogue, GQ, Vogue Hommes

TAIWAN Vogue, GQ

RUSSIA Vogue, GQ, AD, Glamour, GQ Style, Tatler  
MEXICO AND LATIN AMERICA Vogue Mexico and Latin America, Glamour Mexico and Latin America, AD Mexico, GQ Mexico and Latin America

INDIA Vogue, GQ, CN Traveller

Published under Joint Ventures:  
BRAZIL Published by Edições Globo Condé Nast S.A.  
Vogue, Casa Vogue, Vogue Passarela, Vogue Noivas, GQ

Published under License:  
AUSTRALIA Published by News Magazines  
Vogue, Vogue Living, Vogue Entertaining + Travel, GQ  
BULGARIA Published by Liberis Media Group S.A., Bulgaria  
Glamour

CHINA Published under copyright cooperation  
by China Fictorial Vogue Published by IDG Moders Bride  
Published under copyright cooperation by Women of China Self  
Published under copyright cooperation by China News Service GQ,  
GQ Style

GREECE Published by Liberis Publications S.A.  
Vogue, Glamour, Lucky, CN Traveller  
HUNGARY Published by Axel Springer-Budapest Kiadó Kft.  
Glamour

KOREA Published by Doosan Magazine  
Vogue, GQ, Vogue Girl, Allure, W  
POLAND Published by G + J Media Sp. z o.o. Glamour  
PORTUGAL Published by Edições Sociedade Editorial S.A.  
Vogue, GQ

ROMANIA Published by Liberis Publications S.A. Glamour, GQ  
SOUTH AFRICA Published by Condé Nast Independent  
Magazines (Pty) Ltd. House & Garden, GQ, Glamour  
THE NETHERLANDS Published by G + J Nederland Glamour  
TURKEY Published by Doguş Media Group Vogue